GSC General Meeting  
Meeting Minutes  
Tuesday, October 6, 2020  
6pm virtual meeting

I. Welcome

II. Land Grant Recognition

III. Officer Updates
A. Co-Presidents, Matt Saxton and Lindsay Winkenbach
   i. Matt: University COVID updates / Faculty council com joint update
      • Regular meetings with the Graduate School regarding COVID-19
      • Graduate School is asking for feedback from students regarding spring break next semester – keep an eye out for an email about this
      • Working on joint committee with the faculty council to develop graduate student rights
      • Thank you for graduate students that are volunteering for committees, see the agenda for vacant seats if you are interested in joining a committee
   ii. Lindsay: Student health updates
      • Committee developed questions from graduate students across campus regarding health care
      • Reaching out to numerous health resources across campus to develop a comprehensive Q&A document for graduate students
      • New video available on GSC website explaining EAP benefits for graduate students

B. VP of Graduate Advocacy, Zaria Vick
   i. Diversity and Inclusion Committee updates
      • Meeting regularly and have several opportunities for graduate students to be involved
      • Next meeting Oct. 13th at 6pm, reach out to Zaria Vick via email if you are interested in joining

C. VP of Graduate Engagement, Juli Scamardo
   i. Professional Development and Supply Award due THIS FRIDAY 10/9
      (https://docs.google.com/forms/d/e/1FAIpQLSc1oLZ86qD6DA7jxhETa_6t9dsLFyBco7SoZFhoGlkEbUWUkQ/viewform)
      • great resource for graduate students
   ii. GSC Virtual Gamenight recap
      • thank you for attending!
   iii. Send newsletter updates and events to gscsru@gmail.com
D. VP of Finance (Treasurer), Kaylee Clark
   i. Approved fund requests overview
      • Reach out to Kaylee if you are interested in funding requests and joining
        the budgetary committee

E. VP of Information (Secretary), Theresa Berger
   i. Website updates
      • Access meeting minutes and recording on the GSC website
      • Bookmark the GSC webpage and share it with fellow graduate students –
        great source for updates, resources, and announcements for graduate
        students
      • Join our email list to get frequent updates from GSC, link to sign up is on
        the GSC website

IV. Committee updates
   A. International Student Committee update
      • Partnered with CSU Alumni Associations and working on international student
        alumni panel to provide networking opportunities, look out for an announcement
        email in November
      • Establish departmental involvement for international students, department
        representatives please reach out to initiate this
      • Creating more awareness and resources for international students
      • Developing resources to help international student with graduation timeline
      • Next meeting Oct. 8th at 7:15pm, see Slack group for more information
      • Reach out via email: intl.gsccsu@gmail.com

V. Employee Assistance Program for graduate students
   • EAP coordinator Jan Pierce, see full video on GSC website and submit questions
     to Lindsay Winkenbach (GSC co-president)
   • Eligibility requirements
   • Counseling Benefits

VI. Guest Speakers Lynne Bunn, CSU Student Insurance Manager, and Paul Mayo, CSU
    Insurance Consultant and a recorded video from EAP Benefits Coordinator Jan Pierce

1. Insurance terms
   • Carrier
   • Premium
   • Deductible
   • Co-Pay
   • Co-Insurance
   • Out-of-Pocket Maximum
   • In-Network Providers
2. Overview of SHIP (Student Health Insurance Plan)
   - Resources and additional information available online for domestic and international students
   - Most care is covered at the CSU Health Network, including prescriptions
   - Flex Dollars ($250) for use at CSU Health Network for vision, dental, and massage
   - Affordable Care Act compliant plan
   - Medical evacuation/repatriation services for traveling abroad
   - Year-round Worldwide Coverage

3. Services available at CSU Health Network
   - Several services covered 100%, many services partially covered
   - Start care at CSU Health Network
   - Fill prescriptions at CSU Health Network
   - Use urgent care and emergency room services only when necessary
   - Use in-network when possible
   - Referral services available at the health network
   - Info sessions available throughout the year
   - Student feedback is used to structure the SHIP

4. Assessing care outside of CSU Health network
   Example of an insurance claim regarding an appointment for cold symptoms at the CSU Health Network:
   Covered by SHIP: Appointment, lab work done in-house
   Deductible (patient responsibility): lab work that is sent out

   Example of insurance claim when seen at an out-of-network provider for cold symptoms:
   - Office visit, lab work, etc. will be applied to deductible first
   - Urgent Care visits have a $50 copay and 20% co-insurance after deductible
   - Cost share will apply and a bill will be sent from an outside provider to the patient, it does not show up on the student account

   FAQ and overview of insurance questions
   (see recording Minute 55, slide title “Your Insurance Questions”)

   Mental Health Access and Counseling Services FAQ (see recording Hour 01:14, slide title “Mental Health Access”)

   Please provide your feedback regarding insurance and health resources to GSC or CSU Health Network
5. Questions from graduate students for Lynne and Paul

- Flex Dollars are available only for services at CSU Health Network, tell staff if you want to use these for your service/care
- Billing timeline will vary from an outside lab service or out-of-network provider, patients may be charged at the time of service or later
- Is there a way to know how much services from out-of-network providers and labs will cost ahead of time? There is no way to predict what the cost will be. CSU Health Network will let the patient know about sending out lab work before the service is performed.
- Urgent Care located in the first floor of CSU Health Network is an independent practice, they are NOT part of CSU Health Network. Their services will apply to the cost-share deductible on SHIP.

VII. Upcoming Events

- At our upcoming meeting, our guest speaker will be President Joyce McConnell
- Grad Showcase week of November 16-20th! Learn more about this year’s Grad Showcase here
- If your grad organization is hosting an event, we’d love to promote and showcase it on our website and in our general meetings!